



NORTHERN BMX

HEALTH AND SAFETY POLICY



PURPOSE

Northern BMX Club is committed to providing a safe and healthy environment for all members, participants, volunteers, and visitors. This policy outlines the club's commitment to health and safety and provides a framework for managing risks and promoting a culture of safety.

Northern BMX Club operates under and adheres to all relevant policies and procedures set forth by AusCycling, the National Sporting Organisation and governing body for BMX in Australia.

It is important to note that this club policy does not supersede any AusCycling policies. In the event of any conflicting information, AusCycling procedures will take precedence. This ensures that the club's practices consistently align with national standards and best practices for sports clubs.

OUR COMMITMENT

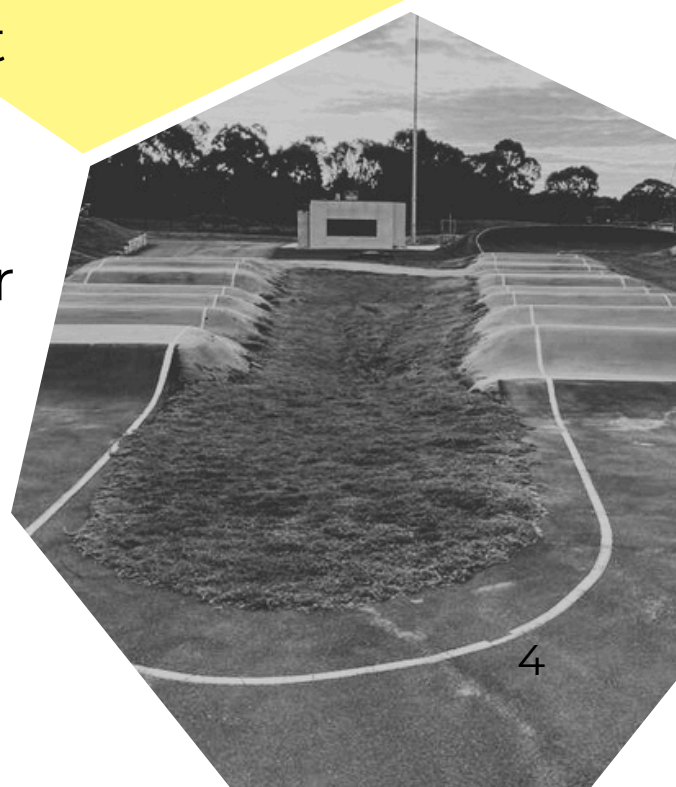
Northern BMX Club is dedicated to upholding the highest standards of safety and well-being for all. This commitment is embedded in our club culture and is reflected in the following objectives:

- **Risk & Hazard Assessment:** To identify and assess potential hazards associated with club activities.
- **Risk Management:** To implement effective risk management strategies to minimize the risk of injury or illness.
- **Club Role Safety:** To provide a safe and healthy working environment for all volunteers and staff.
- **Promotion:** To promote awareness of health and safety among members and participants.
- **Compliance:** To comply with all relevant health and safety legislation and regulations.

WHO DOES THIS POLICY APPLY TO?

This policy applies to all Northern BMX Club riders, committee members, volunteers, coaches, officials, assistants, employees, Club members and parents of riders or members. The policy also applies to individuals who otherwise participate in activities with or for the Club, or whose presence constitutes participation in club activities, including visitors, spectators, and contractors.

Northern BMX Club and its members and participants in cycling are also required to adhere to the relevant policies and procedures of the governing body AusCycling and any other relevant authority.



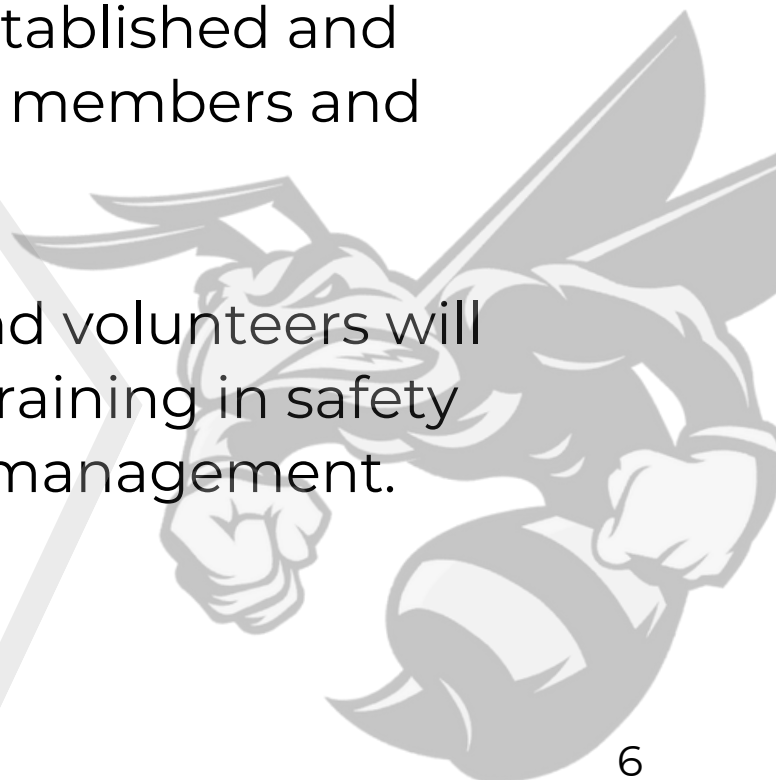


RISK MANAGEMENT

- **Hazard Identification:** Potential hazards associated with club activities will be identified and assessed.
- **Risk Assessment:** The likelihood and severity of risks will be evaluated.
- **Control Measures:** Appropriate control measures will be implemented to eliminate or minimize risks, such as providing safety equipment, implementing safety rules, and conducting regular inspections.
- **Incident Reporting:** All incidents, accidents, and near misses will be reported and investigated to identify causes and prevent recurrence.

SAFETY PROCEDURES

- **Track Safety:** The BMX track will be regularly inspected and maintained to ensure it is safe for use.
- **Equipment Safety:** All equipment, including bikes, helmets, and protective gear, will be regularly inspected and maintained.
- **First-Aid:** A designated first-aid officer will be available during club activities, and a well-stocked first-aid kit will be accessible.
- **Emergency Procedures:** Emergency procedures will be established and communicated to all members and participants.
- **Training:** Coaches and volunteers will receive appropriate training in safety procedures and risk management.



SPECIFIC HAZARD CONTROL MEASURES

- **Extreme Weather**

- Club activities will be conducted in accordance with AusCycling's extreme weather policy which can be found at:
https://assets.auscycling.org.au/s3fs-public/2020-11/auscycling-extreme-weather-policy_0.pdf.
- Application of this policy and decisions regarding weather safety will be made by the designated race director and communicated as soon as possible.

- **Disaster Management**

- In the event of a natural disaster in the vicinity of club activities or events, Northern BMX will follow the advice of VicEmergency regarding evacuation.
- Should evacuation become necessary, the race director or safety officer shall coordinate evacuation following the evacuation procedure and maps located at the clubroom.

REPORTING INCIDENTS

All incidents must be reported to a club committee member or representative as soon as possible. The club will report any incident or injury to AusCycling as soon as it becomes aware.

If you believe there has been an incident not reported, the committee can be notified in person, by email, post, or by accessing the Northern BMX Online Reporting tool:

NBMX Director Rhiannan Preston

president@nbmx.com.au

PO Box 28, Mill Park, Victoria 3082

<https://www.nbmex.com.au/reporting>

Records Management

- **Documentation:** All reports are documented and securely stored by the Northern BMX Club Committee.
- **Privacy:** Confidentiality and privacy for all members and involved parties are maintained in accordance with relevant legislation.



COMMUNICATION

Northern BMX Club is committed to transparent communication and ensuring that all members and stakeholders understand their roles and responsibilities. We will communicate our policies and procedures through various channels:

- **Website:** Our policies, procedures, and Codes of Conduct are readily accessible on the club website.
- **Signage:** Relevant posters and information are displayed prominently throughout the club's facilities as required.
- **Newsletter:** Regular updates and reminders about policies are included in our club newsletter.
- **Meetings:** Policy review is a standing agenda item at regular director meetings, ensuring ongoing discussion and review of our practices.

GLOSSARY

Committee: The governing body of the Northern BMX Club, responsible for making decisions and overseeing club operations.

Emergency Procedures: Pre-planned steps to be taken in response to various emergency situations, such as accidents, injuries, or natural disasters.

First Aid: Immediate assistance given to someone suffering a sudden illness or injury, with the aim of preserving life, preventing the condition from worsening, and/or promoting recovery.

First Aid Officer: A designated individual trained to provide first aid and respond to medical emergencies at the club.

Hazard: Anything with the potential to cause harm, such as unsafe equipment, poor track conditions, or adverse weather.

Incident: An unplanned event that results in or could have resulted in injury, illness, or property damage. Examples include accidents, near misses, and unsafe conditions.

Near Miss: An event that could have resulted in an injury or accident but did not.

Occupational Health and Safety Act 2004 (Vic): The Victorian legislation that sets out the framework for workplace health and safety.

GLOSSARY

(CONTINUED)

Risk: The likelihood that a hazard will cause harm and the potential severity of that harm.

Risk Assessment: The process of identifying hazards, evaluating risks, and determining appropriate control measures.

Safety Officer: A designated individual within the club responsible for coordinating health and safety activities, conducting risk assessments, and promoting safety awareness.

KEY CONTACTS

Northern BMX Director - Rhiannan Preston

president@nbmx.com.au

Report a Policy Breach Matter:

<https://www.nbmx.com.au/reporting>



Author: Rhiannan Preston
Approved: DRAFT
Review: