



NORTHERN BMX

# COACH CODE OF CONDUCT



# PURPOSE

Northern BMX Club is committed to ensuring a safe, supportive, and respectful environment for all riders. Coaches play a vital role in fostering positive experiences and development. This Code of Conduct aligns with AusCycling's standards and outlines the expectations for all coaches involved with the club.

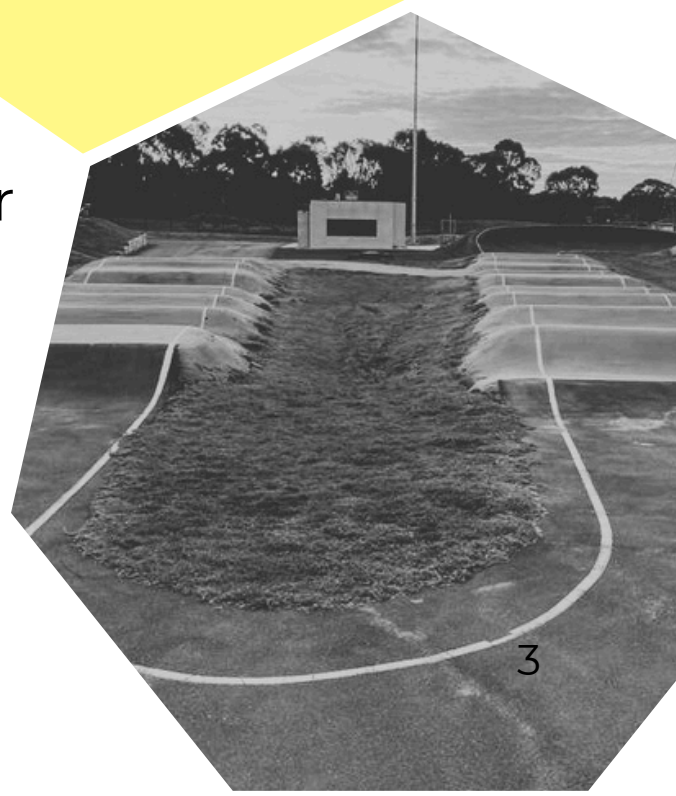
Northern BMX Club operates under and adheres to all relevant policies and procedures set forth by AusCycling, the National Sporting Organisation and governing body for BMX in Australia.

It is important to note that this club policy does not supersede any AusCycling policies. In the event of any conflicting information, AusCycling procedures will take precedence. This ensures that the club's practices consistently align with national standards and best practices for sports clubs.

# WHO DOES THIS CODE APPLY TO?

This Code of Conduct applies to all Northern BMX club coaches, as well as any coach who is providing coaching services at the club, using the club facilities for coaching, or collaborating with Northern BMX in any event or activity.

Northern BMX Club and its members and participants in cycling are also required to adhere to the relevant policies and procedures of the governing body AusCycling and any other relevant authority.



# GENERAL CONDUCT EXPECTATIONS

- **Set an Example:** Act as a role model by demonstrating professionalism, integrity, and respect.
- **Safeguarding:** Provide a safe, inclusive, and supportive environment for all riders.
- **Compliance:** Follow all club policies, AusCycling regulations, and relevant Australian laws.
- **Communication:** Communicate respectfully and constructively with riders, parents, officials, and club members.
- **Fairness and Inclusivity:** Prioritize the well-being, enjoyment, and personal development of each rider.



# COACHING RESPONSIBILITIES

- **Program:** Plan and deliver structured, engaging, and skill-appropriate training sessions.
- **Sportsmanship:** Encourage fair play, teamwork, and sportsmanship.
- **Feedback:** Provide constructive feedback that fosters growth and confidence.
- **Safety:** Ensure all riders adhere to safety rules, including wearing approved protective equipment.
- **Rider Protection:** Monitor the physical and mental well-being of riders and take appropriate action when concerns arise.

# SAFETY AND WELFARE

- **Risks:** Conduct regular risk assessments of training and competition environments.
- **Reporting:** Report any incidents, injuries, or safety hazards to the Club Committee promptly.
- **Emergency preparedness:** Ensure emergency procedures are understood and followed.
- **Supervision:** Supervise all training activities and never leave riders unattended.



# RESPECT AND INCLUSION

- **Equality:** Treat all riders fairly, regardless of ability, background, or personal circumstances.
- **Respect:** Encourage participation in a non-discriminatory and harassment-free environment.
- **Flexibility:** Recognize and accommodate individual needs while promoting equal opportunities
- **Conflict Resolution:** Address conflicts or concerns professionally and in accordance with club policies.

# ADHERANCE AND DISCIPLINARY ACTION

All coaches are expected to adhere to all applicable club policy, and the policies of the governing body AusCycling applicable to them. Breaches of any of the relevant policies or codes of conduct may result in disciplinary action, including suspension or removal from coaching duties.

Serious violations may be referred to AusCycling or relevant authorities for further investigation.

Coaches may report concerns or breaches to Club Committee for review.



# BREACHES

Concerns about a breach of the Coach Code of Conduct can be reported at any time to the Northern BMX Club Committee. This can be done in person, by email, post, or by accessing the Northern BMX Online Reporting tool:

## **NBMX Director**

### **Rhiannan Preston**

president@nbmx.com.au

PO Box 28, Mill Park, Victoria 3082

<https://www.nbmex.com.au/reporting>

## **Records Management**

- **Documentation:** All reports of alleged policy breaches are documented and securely stored by the Northern BMX Club Committee.
- **Privacy:** Confidentiality and privacy for all members and involved parties are maintained in accordance with relevant legislation.



## COMMUNICATION

Northern BMX Club is committed to transparent communication and ensuring that all members understand their role in maintaining a safe, fair, friendly, and inclusive environment. We will communicate our policies and procedures through various channels:

- **Website:** Our Policies, Procedures, and Codes of Conduct are readily accessible on the club website.
- **Signage:** Posters and information containing rights and responsibilities are displayed prominently throughout the club's facilities.
- **Newsletter:** Regular updates and reminders about policies are included in our club newsletter.
- **Meetings:** Policy review is a standing agenda item at regular director meetings, ensuring ongoing discussion and review of our practices.

# GLOSSARY

**AusCycling:** The national governing body for BMX in Australia, setting standards and regulations for clubs and coaches.

**Breach:** A violation of the Code of Conduct or AusCycling policies.

**Club Committee:** The governing body of Northern BMX Club responsible for overseeing club operations and addressing policy breaches.

**Club Policies:** Specific rules and guidelines established by Northern BMX Club to govern its activities.

**Code of Conduct:** A set of behavioral expectations and responsibilities for coaches at Northern BMX Club.

**Coach:** An individual responsible for training and guiding riders at Northern BMX Club.

**Conflict Resolution:** The process of addressing disagreements or concerns in a professional manner, following club policies.

**Disciplinary Action:** Measures taken in response to breaches of the Code of Conduct, ranging from suspension to removal from coaching duties.

**Emergency Procedures:** Established protocols for handling emergencies, which coaches are expected to understand and follow.

**Fairness:** Treating all riders equitably and providing equal opportunities for participation and development.

**Feedback:** Providing constructive comments and guidance to riders to promote their improvement and confidence.

**Harassment:** Any unwelcome conduct that creates a hostile or intimidating environment, including verbal, physical, or emotional abuse.

**Inclusivity:** Creating an environment where all riders feel welcome, valued, and respected, regardless of their background or ability.

# GLOSSARY

## (CONTINUED)

**Incidents:** Unexpected events or occurrences, including injuries or safety hazards, that should be reported to the Club Committee.

**Integrity:** Maintaining high ethical standards and acting honestly and responsibly in all coaching activities.

**Officials:** Individuals responsible for managing and officiating BMX events and activities.

**Parents:** The guardians or caregivers of riders participating in Northern BMX Club activities.

**Personal Circumstances:** Individual factors or situations that may affect a rider's participation or require specific considerations.

**Professionalism:** Maintaining a competent and respectful demeanor in all coaching interactions.

**Program:** A structured plan for training sessions designed to be engaging and appropriate for the riders' skill levels.

**Protective Equipment:** Safety gear worn by riders to minimize the risk of injury, including helmets, gloves, and pads.

**Rider Protection:** Monitoring the physical and mental well-being of riders and taking appropriate action if concerns arise.

**Rider:** An individual participating in BMX activities at Northern BMX Club.

**Risk Assessment:** The process of identifying and evaluating potential hazards in the training and competition environments.

**Safety:** Ensuring the physical and emotional well-being of riders during all BMX activities.

**Safety Hazards:** Conditions or situations that pose a risk of injury or harm to riders.

**Safeguarding:** Protecting riders from any form of abuse, harassment, or harm.

# GLOSSARY

## (CONTINUED)

**Serious Violations:** Significant breaches of the Code of Conduct that may be referred to AusCycling or relevant authorities for further action.

**Skill-Appropriate:** Tailoring training sessions to match the riders' abilities and experience levels.

**Sportsmanship:** Encouraging fair play, respect for opponents, and positive conduct both on and off the track.

**Structured Training:** Organizing training sessions with clear objectives, progressions, and activities.

**Supervision:** Maintaining oversight of all training activities and ensuring riders are never left unattended.

**Supportive Environment:** Creating a positive and encouraging atmosphere where riders feel comfortable and motivated.

**Teamwork:** Promoting cooperation and collaboration among riders.

**Well-being:** The physical, mental, and emotional health of riders, which coaches are responsible for considering and supporting.

# KEY CONTACTS

## **Northern BMX Director - Rhiannan Preston**

president@nbmx.com.au

Report a Policy Breach Matter:

<https://www.nbmh.com.au/reporting>



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## **Sport Integrity Australia**

Safe Sport Hotline - 1800 161 361

Make an Integrity Report

<https://www.sportintegrity.gov.au/contact-us/make-an-integrity-complaint-or-report>

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Approved: DRAFT

Review: