



NORTHERN BMX

ALCOHOL, SMOKING, AND SUBSTANCE POLICY



PURPOSE

Northern BMX Club is committed to ensuring a safe, supportive, and respectful environment for all riders. Coaches play a vital role in fostering positive experiences and development.

This Code of Conduct aligns with AusCycling's standards and outlines the expectations for all coaches involved with the club.

Northern BMX Club operates under and adheres to all relevant policies and procedures set forth by AusCycling, the National Sporting Organisation and governing body for BMX in Australia.

It is important to note that this club policy does not supersede any AusCycling policies. In the event of any conflicting information, AusCycling procedures will take precedence. This ensures that the club's practices align with national standards and best practices for sports clubs.

OUR COMMITMENT

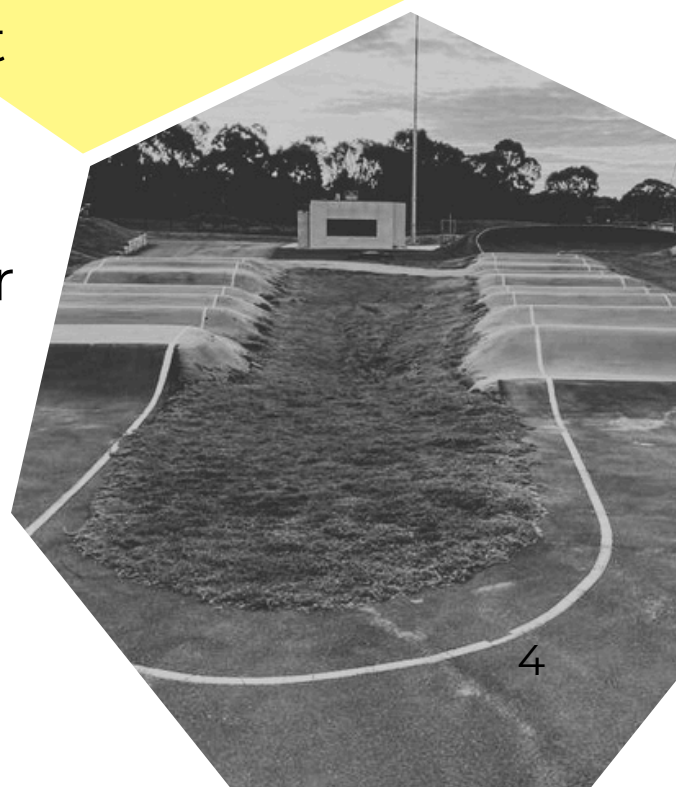
Northern BMX Club recognizes the importance of promoting responsible behaviour and is dedicated to upholding the highest standards of safety and well-being for all. This commitment is embedded in our club culture and is reflected in the following principles:

- **Health and Safety:** We prioritize the health and safety of all members by prohibiting smoking on club premises and restricting alcohol consumption to only designated social events. We maintain a zero-tolerance policy towards drug use.
- **Prevention:** We actively implement preventative measures, including providing clear information and promoting awareness of these policies, and taking corrective action to minimize the risks associated with alcohol, smoking, and drug use.
- **Responsible Consumption:** We promote responsible alcohol consumption among adult members and encourage informed decision-making regarding its use at social events.
- **Continuous Improvement:** We are committed to continuously improving our practices and policies to ensure a healthy and safe environment for all.

WHO THIS POLICY APPLIES TO

This policy applies to all Northern BMX Club riders, committee members, volunteers, coaches, officials, assistants, employees, Club members and parents of riders or members. The policy also applies to individuals who otherwise participate in activities with or for the Club, or whose presence constitutes participation in club activities, including visitors, spectators, and contractors.

Northern BMX Club and its members and participants in cycling are also required to adhere to the relevant policies and procedures of the governing body AusCycling and any other relevant authority.





ALCOHOL AT BMX ACTIVITIES AND EVENTS

We believe that every individual has the right to participate in BMX in an environment that is safe, inclusive, and free from the harms associated with alcohol. As such, the following policy applies to all Northern BMX Club sporting events.

- The use of alcohol within the track area during any club riding, practice, or competition is strictly prohibited.
- No person may be under the influence of alcohol while participating in any BMX event or activity. This includes, but is not limited to, spectators, volunteers, staff, contractors, and participants.
- The club reserves the right to refuse entry to any individual who appears to be intoxicated or whose behaviour is deemed inappropriate. Any breach of these guidelines may result in disciplinary action.

ALCOHOL AT SOCIAL EVENTS

Northern BMX Club prioritises a healthy and safe environment and therefore does not supply or sell alcohol at any time.

However, recognising the social benefits of responsible gatherings for our adult members, alcohol may be permitted at designated adult-only social events. The following guidelines apply:

- **Designated Adult-Only Events:** BYO alcohol is permitted only at specific social events explicitly designated by the club committee as adult-only occasions. These events will be clearly communicated to members in advance.
- **Responsible Consumption:** The club encourages responsible alcohol consumption. Intoxication or excessive drinking will not be tolerated.

continued on next page

ALCOHOL AT SOCIAL EVENTS (CONTINUED)

- **Supervision:** The club committee will appoint designated individuals to monitor alcohol consumption and ensure responsible behaviour at social events.
- **Event-Specific Rules:** Additional rules and restrictions regarding BYO alcohol may apply to specific events. These will be clearly communicated to members prior to the event.

The club reserves the right to refuse entry to any individual who appears to be intoxicated or whose behaviour is deemed inappropriate. Any breach of these guidelines may result in disciplinary action.

SMOKING

Northern BMX Club is committed to providing a healthy and safe environment for all members and visitors. Therefore, smoking is strictly prohibited at all times on club premises, including all indoor and outdoor areas, and during any club-related events.

This policy applies to all forms of smoking, including:

- Cigarettes
- Cigars
- Pipes
- E-cigarettes
- Vaping devices

The club believes that a smoke-free environment promotes the health and well-being of all individuals, particularly children and young people.

- This policy will be enforced by all club officials, coaches, and volunteers.
- Any individual found to be in breach of this policy will be asked to cease smoking immediately.
- Continued disregard for this policy may result in further action, including being asked to leave the premises or event.



ILLICIT AND ILLEGAL SUBSTANCES

Illicit and Illegal Substances at Northern BMX Club

Northern BMX Club maintains a zero-tolerance policy towards the use, possession, or distribution of illicit and illegal substances on club premises or during any club-related activities. This includes, but is not limited to:

- Illegal drugs: such as cannabis, cocaine, heroin, amphetamines, ecstasy, and hallucinogens.
- Non-prescribed prescription medications: Any prescription medication used by someone other than whom it was prescribed for.
- Performance-enhancing drugs: Substances used to artificially enhance athletic performance, including anabolic steroids, growth hormones, and stimulants.

The use of illicit and illegal substances poses significant risks to individual health and safety and is incompatible with the club's values. Any matters relating to the use of illicit substances will be reported to Victoria Police, Sports Integrity Australia, or any other relevant authority.

REPORTING BREACHES

Concerns about a breach of the Alcohol, Smoking, and Substance Policy can be reported at any time to the Northern BMX Club Committee. This can be done in person, by email, post, or by accessing the Northern BMX Online Reporting tool:

NBMX Director

Rhiannan Preston

president@nbmx.com.au

PO Box 28, Mill Park, Victoria 3082

<https://www.nbmex.com.au/reporting>

Records Management

- **Documentation:** All reports of alleged policy breaches are documented and securely stored by the Northern BMX Club Committee.
- **Privacy:** Confidentiality and privacy for all members and involved parties are maintained in accordance with relevant legislation.



COMMUNICATION

Northern BMX Club is committed to transparent communication and ensuring that all members understand their role in maintaining a safe, fair, friendly, and inclusive environment. We will communicate our alcohol, smoking, and illicit substance policies and procedures through various channels:

- **Website:** Our Alcohol, Smoking, and Illicit Substance Policy and Code of Conduct are readily accessible on the club website.
- **Signage:** Posters and information are displayed prominently throughout the club's facilities.
- **Newsletter:** Regular updates and reminders about policies are included in our club newsletter.
- **Meetings:** Policy review is a standing agenda item at regular director meetings, ensuring ongoing discussion and review of our practices.

GLOSSARY

Alcohol: Refers to alcoholic beverages consumed by individuals of legal drinking age.

Illicit Substances: Refers to illegal drugs and non-prescribed prescription medications.

Intoxication: A state of being under the influence of alcohol or drugs, impairing physical and mental faculties.

Disciplinary Action: Measures taken by the club to address violations of the policy, which may include warnings, suspension, or expulsion.

Designated Social Events: Specific events organized by the club where BYO alcohol may be permitted for adults only.

Responsible Consumption: Moderate and controlled alcohol consumption that does not lead to intoxication or impairment.

Smoke-Free Environment: An environment where smoking is strictly prohibited in all indoor and outdoor areas.

Club Premises: Refers to all indoor and outdoor areas owned or controlled by the Northern BMX Club.

Club-Related Events: Any events or activities organized or sanctioned by the Northern BMX Club.

Confidentiality: Protecting sensitive information about individuals involved in a matter.

Harm: Any detrimental effect on a person's physical, psychological, or emotional well-being.

Privacy: Protecting personal information about individuals involved in a matter.

Safeguarding: Measures taken to protect children and young people from harm, abuse, and neglect.

Sport Integrity Australia (SIA): The national body responsible for promoting integrity in Australian sport, including child safety.

KEY CONTACTS

Northern BMX Director - Rhiannan Preston

president@nbmx.com.au

Report a Policy Breach Matter:

<https://www.nbmex.com.au/reporting>



Sport Integrity Australia

Safe Sport Hotline - 1800 161 361

Make an Integrity Report

<https://www.sportintegrity.gov.au/contact-us/make-an-integrity-complaint-or-report>

Author:

Rhiannan Preston

Approved:

DRAFT

Review: